

Quiet Time

(A Question)

Date: 04/04/24

Topic: Do I really believe God today?

Thoughts:

- I'm really struggling today. It seems like I'm questioning my faith. I see in my heart uncertainty, questions, confusion. I'm doubting today.
- I look around at the world, the challenges, the difficulties, the pain and I wonder – where are you God? Do you really know what is going on here? Am I losing my faith? Yeah, I hear Hebrews 11:1 – But the unseen part, man that's tough God.
- I know it's all true - the historical evidence, the witnesses, the archeology, the historical documents. I mean why would the apostles die for something that they knew was a lie?
- Yeah, even John the Baptist – the greatest prophet – reached out to Jesus and asked if he was the one? Was his faith getting kind of shaky?
- What are you saying to me God? I want to hear from You, to be encouraged in my faith.

Don't be afraid to chase after a question of the heart – God already knows it's there. There may be all kinds of different questions which God wants to meet with you to discuss. Writing in your journal again inspires that conversation. Be brutally honest as that is when God can teach the most. Be vulnerable – God can take it. But be sure to listen as you write because God will bring to mind things that He wants you to reflect on. Perhaps you take your journal entry and sit down with a trusted friend and discuss your thoughts – take notes as you share back and forth. Let God use this time to grow your intimate walk with Him.

Prayer:

- A heart of humble confession is the starting point.
- What did God show you or is it time to confess the struggle and ask God to reveal something to you?
- Ask for time with a friend to discuss this with, praying for wisdom for both of you.

Action:

- Spend some time digging into the scripture for relevant verses
- Make an appointment with a friend
- Revisit your journal entry, being open to God's leading in answering the question.