

Quiet Time

(A Verse from the Word)

Date: 04/04/24

Topic: Colossians 3:1

"If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God."

Thoughts:

- If someone were to ask you what it means to be "raised with Christ", what would you say?
 - What were you raised from?
 - Why did you need to be raised in the first place?
 - What does Jesus Christ have to do with your "raising"?
 - Help me understand what this means.
- Paul calls us to "Seek the things that are above"
 - What does it mean to search for something you really want to find?
 - How do you apply yourself in such a search – your attitude, intensity, energy?
 - What are the most important "things" you are searching for in life?
 - Why in the world would you look for things "above" – isn't life happening right here and now?
 - How do you map these ideas to your walk with God?
- What is the significance of Christ being seated at God's right hand?
 - So "above" is where Christ is – why is that important?
 - I hear that Christ is our High Priest (use your app to find the verse) – what does that mean?
 - What is Christ saying to God the Father about you?

Take some time to think through these ideas and write some thoughts in your journal. Don't be afraid to entertain other thoughts that come to mind – follow those spiritual bunny trails. There aren't hard and fast rules. You may move from this verse to a story, something that happened, something you want to happen. Allow the Spirit to lead. Journal your thoughts because coming back to them for reflection is valuable. Maybe you write for a few minutes or for an hour. But as you contemplate and write in your journal, recognize the communion you are having with God. Recognize that the time with the Lord can be a joyful experience; other times God will convict you of an area needing to be addressed. But our goal is to grow in our intimacy with Him.

Prayer:

- What did God speak into your heart through time in His word?
- Prayer Requests from others?
- Prayer Burdens
 - Challenges in your own walk with God

Action:

- Share with someone what God spoke to your heart (Text, email, verbal)
- Change how you approach the Day (employee interaction, spouse discussion, friend encouragement)
- How is your personal walk with God impacted?